

PSYCHOLOGY (PSYC)

PSYC-101 Introduction to Psychology **3 Units (LEC 48-54)**

This course is designed to introduce students to the themes of psychology - the scientific study of behavior and mental processes. Contemporary theories and research methods will be explored. Topics will include learning, memory, cognition, brain physiology, and psychopathology.

Transfers to both UC/CSU

C-ID: PSY 110

IGETC Area(s): 4I

CSU Area(s): D9, E1

AA/AS General Education: AA/AS B2

PSYC-101H Honors Introduction to Psychology **3 Units (LEC 48-54)**

This course is designed to introduce students to the themes of psychology - the scientific study of behavior and mental processes. Contemporary theories and research methods will be explored. Topics will include learning, memory, cognition, brain physiology, and psychopathology.

Prerequisite: Acceptance into the Honors Enrichment Program.

Transfers to both UC/CSU

C-ID: PSY 110

IGETC Area(s): 4I

CSU Area(s): D9, E1

AA/AS General Education: AA/AS B2

PSYC-102 Personal Growth **3 Units (LEC 48-54)**

This course introduces the major points of view in psychology as pathways toward personal growth. Psychological principles, theory, and research are discussed in applied contexts and opportunities for growth are explored. Areas covered include identity and culture, family, wellness, stress, healthy and unhealthy coping mechanisms, gender identity, sexuality, love and relationship issues, career exploration, changing unwanted behaviors, and selecting mental health services.

Transfers to both UC/CSU

IGETC Area(s): 4I

CSU Area(s): D9, E1

AA/AS General Education: AA/AS B2, AA/AS E

PSYC-103 Human Development **3 Units (LEC 48-54)**

This course focuses on the human life span, examining the psychological, cognitive, physical, social and sociocultural development of individuals from conception to the end of the life journey. Contemporary developmental theories and research will be emphasized.

Transfers to both UC/CSU

C-ID: PSY 180

IGETC Area(s): 4I

CSU Area(s): D9, E1

AA/AS General Education: AA/AS B2

PSYC-103H Honors Human Development **3 Units (LEC 48-54)**

This course focuses on the human life span, examining the psychological, cognitive, physical, social and sociocultural development of individuals from conception to the end of the life journey. Contemporary developmental theories and research will be emphasized.

Prerequisite: Acceptance into the Honors Enrichment Program.

Transfers to both UC/CSU

C-ID: PSY 180

IGETC Area(s): 4I

CSU Area(s): D9, E1

AA/AS General Education: AA/AS B2

PSYC-104 Psychology of Gender **3 Units (LEC 48-54)**

This course examines traditional and contemporary psychological theories and research regarding gender development and its influence on social and psychological functioning. The course evaluates gender across the spectrum in different social and individual contexts. Some of the topics covered in this course are gender development, stereotypes, differences and similarities in cognitive ability, aggression, mental health, and family roles across the spectrum of gender.

Transfers to both UC/CSU

IGETC Area(s): 4D, 4I

CSU Area(s): D4, D9, E1

AA/AS General Education: AA/AS B2

PSYC-104H Honors Psychology of Gender **3 Units (LEC 48-54)**

This course examines traditional and contemporary psychological theories and research regarding gender development and its influence on social and psychological functioning. The course evaluates gender across the spectrum in different social and individual contexts. Some of the topics covered in this course are gender development, stereotypes, differences and similarities in cognitive ability, aggression, mental health, and family roles across the spectrum of gender.

Prerequisite: Acceptance into the Honors Enrichment Program.

Transfers to both UC/CSU

IGETC Area(s): 4D, 4I

CSU Area(s): D4, D9, E1

AA/AS General Education: AA/AS B2

PSYC-105 Social Psychology **3 Units (LEC 48-54)**

This course involves the analysis of relationships among the behavior of individuals and the structure, functions, and processes of society. Topics to be covered in this course include: attitude formation and change, beliefs, social bias, attribution theory, social persuasion, conformity, obedience, social facilitation, group influences, cognitive dissonance, prejudice, aggression, attraction, altruism, and conflict. *Cross-listed as SOCI-105.

Transfers to both UC/CSU

C-ID: PSY 170

IGETC Area(s): 4I, 4J

CSU Area(s): D9, D0

AA/AS General Education: AA/AS B2

PSYC-105H Honors Social Psychology
3 Units (LEC 48-54)

This course involves the analysis of relationships among the behavior of individuals and the structure, functions, and processes of society. Topics to be covered in this course include: attitude formation and change, beliefs, social bias, attribution theory, social persuasion, conformity, obedience, social facilitation, group influences, cognitive dissonance, prejudice, aggression, attraction, altruism, and conflict. *Cross-listed as SOCI-105H.

Prerequisite: Acceptance into the Honors Enrichment Program.

Transfers to both UC/CSU

C-ID: PSY 170

IGETC Area(s): 4I, 4J

CSU Area(s): D9, D0

AA/AS General Education: AA/AS B2

PSYC-107 Psychobiology
3 Units (LEC 48-54)

This course introduces students to the biological and physiological processes associated with the brain, behavior, and related psychological processes. The course will examine the nervous system, sensation, perception, emotion, clinical symptoms of abnormal behavior, sleep, learning, drug effects and other areas related to psychobiology.

Prerequisite: PSYC-101 (with a grade of C or better).

Transfers to both UC/CSU

C-ID: PSY 150

IGETC Area(s): 4I

CSU Area(s): D9

AA/AS General Education: AA/AS B2

PSYC-107H Honors Psychobiology
3 Units (LEC 48-54)

This course introduces students to the biological and physiological processes associated with the brain, behavior, and related psychological processes. The course will examine the nervous system, sensation, perception, emotion, clinical symptoms of abnormal behavior, sleep, learning, drug effects and other areas related to psychobiology.

Prerequisite: PSYC-101 (with a grade of C or better), Acceptance into the Honors Enrichment Program.

Transfers to both UC/CSU

C-ID: PSY 150

IGETC Area(s): 4I

CSU Area(s): B2, D9

AA/AS General Education: AA/AS B2

PSYC-108 Abnormal Psychology
3 Units (LEC 48-54)

This course examines psychological disorders and treatments through the various theoretical lenses of psychology, including, but not limited to, schizophrenia, anxiety disorders, mood disorders, and personality disorders. The course will also explore the current trends in positive psychology toward cultivating mental wellness.

Recommended Preparation: ENGL-101.

Transfers to both UC/CSU

IGETC Area(s): 4I

CSU Area(s): D9

AA/AS General Education: AA/AS B2

PSYC-108H Honors Abnormal Psychology
3 Units (LEC 48-54)

This course examines psychological disorders and treatments through the various theoretical lenses of psychology, including, but not limited to, schizophrenia, anxiety disorders, mood disorders, and personality disorders. The course will also explore the current trends in positive psychology toward cultivating mental wellness.

Prerequisite: Acceptance into the Honors Enrichment Program.

Recommended Preparation: ENGL-101.

Transfers to both UC/CSU

IGETC Area(s): 4I

CSU Area(s): D9

AA/AS General Education: AA/AS B2

PSYC-112 Gender and Social Interaction
3 Units (LEC 48-54)

This course explores the micro-social and structural aspects of gender both in the U.S. and around the world. Micro-social aspects include the construction of gender roles and interpersonal communications, interactions and relationships. Structural aspects include analyses of the economic and political aspects of gender, the representation of gender in the media, differential access issues, and the effects on individual opportunity. *Cross-listed as SOCI-112.

Transfers to both UC/CSU

IGETC Area(s): 4D

CSU Area(s): D4, D7, E1

AA/AS General Education: AA/AS B2

PSYC-121 Statistics for Behavioral Sciences
3 Units (LBE 24-27, LEC 40-45)

This course covers introductory statistics, emphasizing appropriate applications of statistics in social science research. Topics include basic research design, probability and sampling distributions, descriptive and inferential statistics including Z scores; linear correlation; regression; t-tests; analysis of variance; and chi-square. Students complete psychological experiments, using appropriate technology (e.g., SPSS) to analyze data and report results using APA style. Transfer credit for MATH 140 or BIOL 201 may not be available if taken after PSYC 121. *Cross-listed as SOCI-121.

Prerequisite: Appropriate Multiple Measures placement or completion of Intermediate Algebra meets the prerequisite for this course.

Transfers to both UC/CSU

C-ID: SOCI 125

IGETC Area(s): 2A

CSU Area(s): B4

AA/AS General Education: AA/AS G

PSYC-124 Social Research Methodology With Lab (formerly Social Research Methodology)
4 Units (LBE 48-54, LEC 48-54)

This course is an introduction to social and behavioral science research methods encompassing experimental and descriptive research designs, procedures instrumentation, and the collection, analysis, interpretation and reporting of research data. The design and research methods will be examined through the review and analysis of the research of the different social and behavioral disciplines. Actual data collected from research conducted during laboratory sessions will be analyzed with statistical software.

Prerequisite: PSYC-101 (with a grade of C or better)., MATH-140 (with a grade of C or better).

Recommended Preparation: ENGL-101.

Transfers to both UC/CSU

C-ID: PSY 205B

IGETC Area(s): 4I, 4J

CSU Area(s): D9, D0

PSYC-124H Honors Social Research Methodology With Lab (formerly Honors Social Research Methodology)
4 Units (LBE 48-54, LEC 48-54)

This course is an introduction to social and behavioral science research methods encompassing experimental and descriptive research designs, procedures instrumentation, and the collection, analysis, interpretation and reporting of research data. The design and research methods will be examined through the review and analysis of the research of the different social and behavioral disciplines. Actual data collected from research conducted during laboratory sessions will be analyzed with statistical software.

Prerequisite: PSYC-101 (with a grade of C or better)., MATH-140 (with a grade of C or better)., Acceptance into the Honors Enrichment Program.

Recommended Preparation: ENGL-101.

Transfers to both UC/CSU

C-ID: PSY 205B

IGETC Area(s): 4I, 4J

CSU Area(s): D9, D0

PSYC-299 Special Projects: Psychology
1-3 Unit (IS 16-54)

Students with previous course work in the program may do special projects that involve research and special study. The actual nature of the project must be determined in consultation with the supervising instructor.

Prerequisite: Two Psychology classes must be completed prior to enrollment; a contract must be completed with the instructor prior to enrollment.

Transfers to CSU only